

Here's a surprising fact:

Children should visit
the dentist by age 1.

Within six months of getting the first tooth – and no later than the first birthday – your baby should have his or her first dental visit.

During your baby's first visit, the dentist will:

- Assess your child's risk for early dental decay
- Demonstrate various tooth brushing and flossing techniques and positions to help parents care for their baby's teeth properly
- Discuss diet and feeding/snacking practices that put your child at risk for decay
- Discuss the use of topical fluoride
- Assess your child's bite, facial growth and development
- Provide information for trauma prevention as your child goes through stages of development

For more tips on preparing for a lifetime of smiles, visit www.OralHealthIA.com.



Dentist By 1

Cavities are nearly 100% preventable.

Delta Dental of
Iowa Foundation

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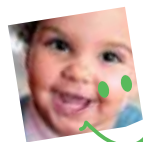
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